

IMMUNE SYSTEMS

The following data sheet has been tabulated from books, research papers, articles and Internet postings. For more detailed information, contact us or research the pertinent material from the source list provided below.

- Dr. Delbet found magnesium chloride to be a powerful immune system booster. In a paper presented to the French Academy of Medicine in September 1915, Dr. Delbet describes the effect on white blood cells of a solution of magnesium chloride injected. White blood cells from a blood sample taken before and after the injection were tested for their microbe-killing ability. It reports, "five hundred white cells in the first sample destroyed 245 microbes. Five hundred white cells from the second sample destroyed 681. This increase in microbe killing under the influence of magnesium chloride was 180% over the other solutions. More experiments were performed: in one there was an increase of 129%, in another 333%.
- Magnesium chloride treatments address systemic nutritional deficiencies, which results in the improvement of the function of our cells and immune systems.
- Dr. A Neven observed the magnesium chloride has no direct effect on bacteria - it is not an antibiotic. It is a specific immunity enhancer, which will be useful against viral diseases.
- A magnesium-saturated body will have a tougher immune system that will fight more easily against infections and influenza.

Sourced reference material:

Books

- *The Magnesium Miracle* by Carolyn Dean, M.D., N.D.
- *Transdermal Magnesium Therapy* by Mark Sircus, Ac., O.M.D.
- *The Magnesium Factor* by Mildred S. Seelig, M.D., MPH and Andrea Rosanoff, Ph.D

Articles

- *Magnesium Chloride for Health & Rejuvenation* by Barbara Bourke & Walter Last
- *What's all the buzz about Magnesium Oil* by Chris Jennings
- *History of Magnesium Chloride* by Raul Vergini M.D.

Many websites and web postings

**Medical data (in these data sheets) is for informational purpose only.
One should always consult a medical physician or specialist MD prior to using any nutrient or food supplement while on medication.**

**ZECHMAG Magnesium Chloride flake and oil is available from:
SEASOURCE, 5378 Line 11, Cookstown, Ontario, L0L 1L0, Canada,
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